Advancing Quality and Access in Palliative and Hospice Care

40th Anniversary and Annual Conference

May 13-15, 2020

Sheraton Harrisburg/Hershey Hotel
Harrisburg, Pennsylvania
Dear Hospice and Palliative Care Colleagues,

Nationally there is a trend to provide awareness of end of life care. While assuring access to care for anyone with an advanced illness it becomes our responsibility to continue to advance the quality of care patients and families have come to expect and deserve.

Over the years, a phase often heard is patient centered care. As patients navigate through end of life care will communication allow the care to be patient centered? The pre-conference will focus on identifying communication barriers that often prevent the delivery of patient centered care throughout the health care continuum. Communication can be difficult and at times challenging but when the patient and family are heard and their goals are identified and respected it is very rewarding to know the delivery of patient centered goals can be met.

Recognizing the compassionate care given by hospice and palliative care teams awaits those attending the Pennsylvania Hospice and Palliative Care Network (PHPCN) 40th Anniversary and Annual Conference May 13-15, 2020. This years’ exciting 3-day event will find hospice and palliative care staff learning from the presenters and each other updates in pharmaceutical interventions for optimal pain and symptom management, quality measures monitored by CMS, models to guide patient/family to create achievable plans of care are only a few of the many topics to be covered in the concurrent sessions.

Attendance at a PHPCN conference is inspiring. Please join us this year, relax and absorb and return to your workplace refreshed and ready to implement what you have learned. Thank you for the passion and the excellent quality care each of you offer our patients and families daily.

Susan
Susan S. Smith MSN, CHPN
Geisinger Hospice
Executive Director/Coordinator Bereavement Camp
Conference Agenda

Wednesday, May 13, 2020

12:00 noon – 4:30 pm  Registration
1:00 pm – 4:15 pm  Pre-Conference Workshop – “The Problem with Communication is the Illusion that it has Occurred” Overcoming Barriers to Patient Centered Care – Interdisciplinary Panel: Palliative and Hospice Professionals
6:00 pm – 7:30 pm  Opening Reception: Hor d’ Oeuvres/Buffet/Exhibitors/Poster Sessions

Thursday, May 14, 2020

7:00 am – 4:30 pm  Registration
7:00 am – 3:00 pm  Exhibit Hall/Poster Sessions
7:00 am – 8:00 am  Breakfast with Exhibitors/Poster Sessions
8:00 am – 9:15 am  Keynote – Celebrating Diversity in Hospice and Palliative Care – Ric A. Baxter, MD, FAAAAHPM and Stanley J. Savinese, DO, FAAAAHPM, HMDC
9:15 am – 9:45 am  Break with Exhibitors/Poster Sessions
9:45 am – 11:15 am  Session 1
11:30 am – 1:00 pm  Session 2
1:00 pm – 2:15 pm  Awards Luncheon
2:15 pm – 2:45 pm  Break with Exhibitors/Poster Sessions
2:45 pm – 4:15 pm  Session 3
5:30 pm – 6:00 pm  Reception: Hor d’ Oeuvres/Doors Open for Seating
6:00 pm – 7:00 pm  Documentary Viewing and Panel Discussion – ‘All The Lonely People’ – A Look at the Growing Epidemic of Loneliness and Isolation Around the World – Joseph Applebaum and Stu Maddux

Friday, May 15  Information on page 4
Conference Agenda

Friday, May 15, 2020

7:00 am – 11:30 am
- Registration
- Exhibit Hall Open
- Breakfast with Exhibitors/Poster Sessions

7:00 am – 11:30 am
7:00 am – 8:00 am
- Registration
- Exhibit Hall Open
- Breakfast with Exhibitors/Poster Sessions

8:00 am – 9:30 am
- Session 4
  4-A Using QAPI to Enhance Patient Quality of Life Through a Comprehensive Symptom Management Program – Kathy Baker, MSN, RN and Christine Smith, CSSGB, PMP
  4-B Hospice and Palliative Care in Challenging Situations (Personality Disorders, Suicidality, Dangerous Behavior Violence, Family Conflict and Substance Abuse Disorders) – Stanley J. Savinese, DO, FAAHPM, HMDC
  4-C Utilizing a Coaching Approach to Develop Patient/Family Centered Plans-of-Care: Working with Short-Stay Patients – Gary Gardia, LCSW, APHSW-C
  4-D Creating an LGBTQ Inclusive Palliative Care and Hospice Program – Rev. Anne G. Huey, MDiv., MSHS, BCC; Ric A. Baxter, MD; Becca Markson, DO and Annelise Collier, MD

9:30 am – 10:00 am
- Break with Exhibitors/Poster Sessions

10:00 am – 11:30 am
- Session 5
  5-A Medical Marijuana – A Clinical and Regulatory Update for Hospice and Palliative Medicine Providers – Stanley J. Savinese, DO, FAAHPM, HMDC
  5-B Don’t Wait: Initiating Important Conversations – Ric A. Baxter, MD, FAAHPM and Jeannie Vogt, RN, MSN, MBA, CHPN
  5-C Beyond Emotional Support: Taking a More Assertive Approach to Care – Gary Gardia, LCSW, APHSW-C
  5-D Truthiness is No Joke: Uncertainty and Moral Distress in Medicine – Emily Browning, M.Div., MSW

11:30 am – 1:00 pm
- Keynote – Lit Review 2020: A Look at Recent Clinical Literature Important to Palliative and Hospice Care – Joan K. Harrold, MD, MPH, FACP, FAAHPM and Amy M. Westcott, MD, MHPE, CMD, FAAHPM, AGSF

Special Events

WEDNESDAY, MAY 13, 2020

Opening Reception: Hor d’Oeuvres/Exhibitors/Poster Sessions
6:00 pm – 7:30 pm
Relax with friends, new and old, and network with palliative and hospice care colleagues while enjoying Hor d’Oeuvres and a cash bar. Visit with the exhibitors and learn about the new products and services they have to offer. During the poster session time, you are welcome to listen to the short presentations, ask questions, open dialogue with the presenter and other attendees at the poster, and browse the content of the poster. During the evening reception, poster presenters will be in attendance at their poster, available for discussion and explanation.

THURSDAY, MAY 14, 2020

AWARDS LUNCHEON
1:00 pm – 2:15 pm
PHPCN will honor individuals selected for their dedication to the care of the terminally ill and their promotion of hospice and palliative care. The nomination categories are:

- Community Support
- Heart of Hospice and Palliative Care
- Joan K. Harrold Scholarship for Excellence in Education
- Journalism
- Spirit of Hospice and Palliative Care
- The Nancy Bohnet Award for Excellence
**WEDNESDAY, MAY 13, 2020**

**PRE-CONFERENCE SEMINAR**

**“The Problem with Communication is the Illusion that it has Occurred” Overcoming Barriers to Patient Centered Care**

Paige E. Payne, MS, MSW, LSW, APHSW-C, Director of Home Hospice, Hospice & Community Care; Ric A. Baxter, MD, FAAHPM, Hospice Medical Director, St. Luke’s University Health Network; Rev. Anne G. Huey, MDiv, MSHS, BCC, Spiritual Services Manager, St. Luke’s Hospice; Rev. Jim Ingalls, BA, MA Mis, Chair, Chaplain, VNA Hospice of Philadelphia, Temple University Hospital Palliative Care; Elizabeth A. Reimet, MD, HMDC; Stanley J. Savinese, DO, FAAHPM, HMDC, Palliative Care Team, Penn Medicine, Pennsylvania Hospital; Catherine Serena, LCSW, ACHP-SW, Palliative Medicine/OACIS, Lehigh Valley Health Network; Jeannie M. Vogt, RN, MSN, MBA, CHPN, Clinical Director, Lehigh Valley Hospice

Navigating end of life care presents unique challenges for patients and their families as well as the various care teams through which they must transition. Knowing there is no “magic wand” teams must utilize critical skills to navigate the “grey” areas of truly effective end of life care. An interdisciplinary panel of palliative and hospice professionals will present a case where barriers to care hindered the provision of goal-driven, patient centered care throughout the health care continuum. Attendees will observe and participate in a large group team meeting and be given the opportunity to weigh in on the case being presented. Attendees are encouraged to bring a case for discussion (time permitting).

**Learning Objectives:** Review the language we use with patients, families and professional colleagues. Identify communication barriers.

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**THURSDAY, MAY 14, 2020**

**Celebrating Diversity in Hospice and Palliative Care: A Patient Based Approach to Providing Quality Cross-Cultural Care for the Seriously Ill**

Ric A. Baxter, MD, FAAHPM, Hospice Medical Director, St. Luke’s University Health Network and Stanley J. Savinese, DO, FAAHPM, HMDC, Palliative Care Team, Penn Medicine, Pennsylvania Hospital

Social and cultural background greatly influences patient’s health beliefs and behaviors. Significant differences between patients and providers can deeply influence communication and decision making. We will explore practical techniques to optimize cross culture care as evidence clearly links good communication to better patient satisfaction and outcomes.

**Learning Objectives:** To improve ability of assessing cross cultural issues and explore different explanatory models. To better understand a patient’s social context including factors of environmental change, language, literacy, stressors and social supports. Improve skills in negotiating for a mutually acceptable approach to treatment.
THURSDAY, MAY 14, 2020

Documentary Viewing and Panel Discussion: ‘All The Lonely People’

A look at the growing epidemic of Loneliness and Isolation around the world – Joseph Applebaum and Stu Maddux

Documentary Filmmakers Stu Maddux and Joe Applebaum present segments of their new film, ‘All The Lonely People’ which examines the growth of chronic loneliness and isolation that can affect all of us. We look at its seriousness through the eyes of a handful of people around the world and solutions coming forward as the mental and physical effects are now being recognized. Discussion and Q&A will be included.

Learning Objectives: Promote awareness and understanding about the growing problem of isolation and loneliness. Identify solutions to reduce issues related to isolation and loneliness.

FRIDAY, MAY 15, 2020

CLOSING LUNCHEON

Lit Review 2020: A Look at Recent Clinical Literature Important to Palliative and Hospice Care

Joan K. Harrold, MD, MPH, FACP, FAAHPM, Medical Director of Medical Policy, Capital Blue Cross and Amy M. Westcott, MD, MHPE, CMD, FAAHPM, AGSF, Optum Medical Director PA/DE and Associate Professor, Geriatric and Palliative Medicine, Penn State College of Medicine

How do you answer questions from patients and families? Do you go to the literature to formulate your practice? Do you look at the evidence to update your practice? If you find an article that is “close” but doesn’t exactly answer your question, do you know when to extrapolate from-and when not to? Join us to learn key points about analyzing the evidence, review pertinent articles from the past year, and be better prepared to use the evidence in your practice.

Learning Objectives: Identify questions encountered in hospice and palliative medicine which require looking at scholarly literature. Connect questions to evidence-based medicine and/or ‘best practice’ principles based on the scholarly literature.
Case Conference: Implementation and Impact on Hospitalized Patients with Cancer

Caitlyn McNaughton, PA-C, MHSc, Physician Assistant, Hematology/Oncology, Penn Medicine/Lancaster General Health; Shanthi Sivendran, MD, Oncologist, Penn Medicine/Lancaster General Health; Wendy Wilson, LSW, APHSW-C, Social Worker, Palliative Care, Hospice and Community Care; Roxanne Bolinger, M.Ed, Manager, Continuing Medical Education, Penn Medicine Lancaster General Health

The multidisciplinary tumor board (MTB) is a recognized format for discussion of complex oncology cases with experts of varied disciplines. Our institution developed a weekly palliative oncology tumor board (POTB). Twenty-four cases were presented from June 2019-September 2019 and medical records from these patients were analyzed. This presentation discusses the real world implementation of a POTB and impacts on unplanned admissions and referrals to outpatient palliative care, support services, and hospice.

Learning Objectives:
- Recognize institutional culture that supports the development and implementation of a palliative oncology case conference.

The Dirty Dozen of Deprescribing

Mary Lynn McPherson, PharmD, MA, BCPS, CPE, Professor and Vice Chair, Department of Pharmacy Practice and Science, University of Maryland School of Pharmacy

Medications are commonly used to treat pain and symptoms in advanced illness, and patients often continue medications prescribed for related and unrelated comorbid conditions. As the end of life approaches, often these medications become unnecessary and/or impose an unacceptable treatment burden. Participants in this session will learn about the top dozen medications/medication classes that may be eligible for discontinuation.

Learning Objectives:
- List the top 12 medications or medications classes that should be considered for describing in patients with advanced illness.
- Describe data that supports describing these medications/medication classes.
- Describe strategies for deprescribing that minimize risk to the patient.

Culturally Responsive Religious and Spiritual Practices During Imminent Death

Noah Potvin, PhD, Assistant Professor of Music Therapy, Duquesne University

Imminent death is a critical stage of care requiring culturally responsive practices that integrate clinical decision-making with patients’ culturally-informed understandings of a “good death”. Religion and spirituality in particular impart values, morals, and experiences that shape how patients extract meaning from their dying process. This presentation will frame culturally responsive practices during imminent death as integral to patient-centered care before focusing on a discipline specific model: music therapy as a psychospiritual ministry.

Learning Objectives:
- Define cultural responsibility in context of imminent death in end-of-life care.
THURSDAY, MAY 14, 2020

SESSION 2 − 11:30 AM–1:00 PM

2A Regulatory and Quality Reporting Update for Hospice Providers – Part 2

Jennifer L. Kennedy, EdD, MA, BSN, RN, CHC, Regulatory and Compliance Director, National Hospice and Palliative Care Organization

Change happens! Is your organization on top of all the recent regulatory changes affecting the hospice industry? This session will highlight the important regulatory issues facing hospice providers today. Participants will receive cutting edge information about what is happening within CMS, the OIG, and other federal entities that affect hospice care.

Learning Objectives: Review the current quality reporting requirements and issues in the hospice industry. Discuss quality reporting and QAPI requirements as separate yet integrated parts of a hospice quality program.

2B New Drugs and Drug News

Mary Lynn McPherson, PharmD, MA, BCPS, CPE, Professor and Vice Chair, Department of Pharmacy Practice and Science, University of Maryland School of Pharmacy

2019 was another very busy year for the FDA, approving over 50 new medications. This fast-paced presentation will include a review of all newly approved medications in 2019 including their trade and generic names, indication, role in therapy, adverse effects and drug interactions, and more. We will also cover many speed dating tips on medication management in advanced illness.

Learning Objectives: Recognize the approved indication, common adverse effects and drug interactions for new drugs approved by the FDA in 2019. For each new medication approved in 2019, identify the burden-to-benefit ratio of therapy. Identify important drug alerts by the FDA (Public Health Advisories) and implications for patient care, and speed dating tips.

2C Translating Evidenced-Based Guidelines into Clinical Practice Using Goal Setting and Palliative Program Dashboards

Kristina Newport, MD, Director of Palliative Care, Penn State Health; Sarah Miller, MSW, Social Worker, Penn State Health; Michelle Farnan, RN, Palliative Program Coordinator, Penn State Health; Caitlyn McNaughton, PA-C, MS, Oncology Physicians Assistant, Palliative Oncology Team Co-Chair, Penn Medicine Lancaster General Health and Shanthi Sivendran, MD, MSCR, Oncologist, Palliative Oncology Team Founding Chair, Penn Medicine Lancaster General Health

Quality palliative care practice is increasingly informed by evidence-based guidelines. Translating them into clinical practice is difficult, particularly in the community setting. Two palliative care programs translated guidelines into practice using interdisciplinary goal setting and creation of palliative care dashboards. Goals were then placed in dashboards utilized for monthly progress feedback. Both programs have demonstrated >50% improvement in identified measures. This presentation will outline the necessary processes to translate evidence-based guidelines into quality palliative care.


2D She Served: How We Can Use Her Resilience in our Day-to-Day Practice

Terre Mirsch, MS, BSN, RN, NEA-BC, CHPA, CHPN, Home Health and Hospice, Main Line Health HomeCare & Hospice; Patricia Hueber, BSN, RN-BC, CHPN, Advanced Nurse Clinician, Hospice, Main Line Health HomeCare & Hospice and Erin Illyes, BSW, MSW, Inpatient Hospice and Community Living Center, Lebanon VA Medical Center

The military has a history of providing supports that build resilience and reduce the impact of chronic stress on our Nation’s Heroes. This workshop will provide a history of Women Veterans and their unique healthcare needs. The concept of resiliency and the applicability to hospice workers on the “battlefield” with patients and their families will be discussed. Participants will develop an action plan for intentional peer support as one tool for their survival treasure chest.

Learning Objectives: The learner will list three challenges faced by women veterans. The learner will identify ways the military and the VA support appropriate access to healthcare as well as the development of resilience for women veterans. The learner will define the term “Battle Buddy” and discuss intentional peer support can assist in the development of resilience for the hospice team member.
Educational Workshop Schedule

THURSDAY, MAY 14, 2020

SESSION 3 – 2:45 PM–4:15 PM

3A Staying Compliant With the Hospice Regulations and What New Regulations Can Hospice Expect

Kathy Baker, MSN, RN, Vice President Hospice Quality and Compliance, Family Hospice; Susan Smith, MSN, CHPN, Executive Director/Coordinator Bereavement Camp, Geisinger Hospice and Jeannie Vogt, RN, MSN, MBA, CHPN, Clinical Director, Lehigh Valley Hospice

This panel discussion will present best practices on how to stay compliant with the hospice regulations and prepare for implementation of future regulations. This will be an interactive session, please come prepared to share your best practices and leave with new ideas to implement now and prepare for the future.

Learning Objectives: Discuss best practices to stay in compliance with the Hospice Conditions of Participation. Identify processes to implement new regulations.

3B The Heart of the Matter: EOL Care for Individuals with Advanced Heart Failure

Ric A. Baxter, MD, FAAHPM, Hospice Medical Director, Jason Bacon, MD, Hospice and Palliative Fellow, Kimberly O’Connor, MS, RN, St. Luke’s Palliative and Supportive Care, Nurse Educator, and Melissa Reese, LCSW, Social Work Director, St. Luke’s University Health Network

Heart disease remains a major issue for the US Healthcare system and for society at large. Heart disease remains the leading cause of death for adults in the US. Given advances in early diagnosis, technology and treatment options, including mechanical assist devices, people are living longer with more advanced disease. This results in a higher symptom burden for patients, considerable caregiving stress for families and high cost to the health care system due to frequent hospitalizations – particularly unreimbursed readmissions. We will discuss the pertinent pathophysiology of heart disease and disease trajectories with a focus on prognostication difficulties. We will highlight the role of palliative care in the approach to advanced heart failure including barriers to effective implementation. Using case stories, we will explore the role and impact of advanced therapies such as LVAD, CRT and milrinone with a focus on their implications for Palliative Care and Hospice.

3C End of Life Ethics: Sticky Situations & Decision Making Dilemmas

Mary Kraemer, MD, Director of Temple University Hospital Palliative Care Team, Temple University Hospital

This presentation will identify and explore some common themes encountered at the end of life in clinical ethics. Specific focus will be given to situations involving medical decision making, and the challenges of surrogate decision making. The presentation will highlight some pearls and pitfalls of communication and clinical care that can lead to or avoid sticky situations. I will pull from real cases presented to our hospitals Clinical Ethics Consult team and also share our experience in crafting a Medically Non-Beneficial Care Policy. There will be a focus on using language and key communication strategies to help patients and families understand when the limits of care are being reached and feel supported during crisis, and help healthcare team members experience less moral distress.

Learning Objectives: Provide a framework for consideration of ethical questions at the end of life. Explore challenges of surrogate decision making. Understand key communication strategies to use in end of life care and medical decision making that can avoid “sticky situations” or medically non beneficial care, and moral distress.

3D All You Need Is Trust: Cultivating Trust in Our Colleagues to Improve Patient Care

Deanna Deeter, CRNP, Manager; Michelle Freeman, MD, MEd., Medical Director; Nicole Hahnlen, RN, Coordinator; and Megan Youtz, LPC, Clinical Counselor, Penn State Children’s Hospital Hummingbird Program

This presentation will provide a broad overview of the importance of trusting relationships in health care, not only between health care professionals and patients, but also among our colleagues. We will discuss the three key elements of trust for leaders and our colleagues, including the specific skills associated with these elements of trust and the interrelationship of these elements. We will review ways in which distrust negatively impacts relationships with patients and our colleagues, and provide an overview of strategies to rebuild trust that has been broken.

Learning Objectives: Define trust and discuss the impact of trust in health care. Identify the three key elements of trust for leaders and our colleagues.
Educational Workshop Schedule

FRIDAY, MAY 15, 2020

SESSION 4 − 8:00 AM–9:30 AM

4A Using QAPI to Enhancing Patient Quality of Life Through a Comprehensive Symptom Management Program

Kathy Baker, MSN, RN, Vice President Hospice Quality and Compliance, Family Hospice and Christine Smith, CSSGB, PMP, Director Quality & Risk, Family Hospice

Discover how one hospice agency utilized QAPI to develop a top-notch, clinical outcomes-based symptom management program designed to maximize the patient/caregiver hospice experience. Learn how to utilize evidence-based, measurable assessment data to drive clinical care and assist patients to achieve their end-of-life care goals. Explore a suite of educational tools for staff, patients, and caregivers to guide symptom management throughout hospice care. Also, take home a ready to use pain education tool.

Learning Objectives: Apply proven symptom management strategies to enhance quality of life for hospice patients and caregivers. Describe fresh, innovative clinical and educational resources to guide symptom management throughout length of stay.

4B Hospice and Palliative Care in Challenging Situations (Personality Disorders, Suicidality, Dangerous Behavior Violence, Family Conflict and Substance Abuse Disorders)

Stanley J. Savinese, DO, FAAHPM, HMDC, Palliative Care Team, Penn Medicine, Pennsylvania Hospital

Providing high quality hospice care and palliative care is never easy. It can be particularly challenging when maladaptive behaviors are involved. We will explore some common issues and discuss management strategies to improve outcomes.

Learning Objectives: Understand common maladaptive behaviors that can interface with hospice and palliative care. Integrate management strategies into care plan when faced with maladaptive behaviors. Practice inclusion of new knowledge in real life scenarios.

4C Utilizing a Coaching Approach to Develop Patient/Family Centered Plans-of-Care: Working with Short-Stay Patients

Gary Gardia, LCSW, APHSW-C, APHSW Executive Director (Social Work Certification Organization)

So often in healthcare we are told to “Go be patient centered” yet in national surveys, healthcare workers find it difficult to adequately define this concept. In this session we will cover specific skill sets that enable us to be truly patient centered in the plans we create, with our approach to care and teamwork in general, and with an emphasis on the “short stay patient and family”.

Learning Objectives: Define “coaching” as it applies to creating patient-centered plans. Describe two models that can be useful for guiding patients/families to create plans they are motivated to achieve. Apply skills/interventions to situation examples.

4D Creating an LGBTQ Inclusive Palliative Care and Hospice Program

Rev. Anne G. Huey, MDiv, MSHS, BCC, Spiritual Services Manager, St. Luke’s Hospice; Ric A. Baxter, MD, Hospice Medical Director, St. Luke’s Hospice; Becca Markson, DO, First year family medicine resident, St. Luke’s University Hospital and Health Network and Annelise Collier, MD, Palliative and Supportive Care, Geriatrics, Family Medicine Physician, St. Luke’s University Hospital and Health Network

This presentation will address assumptions, challenges, barriers and successes encountered in creating LGBTQ inclusive palliative and hospice care. Attendees are invited to share their initiatives and learnings. This workshop will be conversational and experiential, and will access research from SAGE, Kaiser Health Network, NHPCO, and Dr. Kimberly Acquaviva (LGBTQ-Inclusive Hospice and Palliative Care: A Practical Guide to Transforming Professional Practice, 2017).

Learning Objectives: Address assumptions re: LGBT individuals, ‘no one like that here’ and how these assumptions drive health care – both offered and accessed. Understand and describe the landscape of LGBTQ cultural background. Experiment with inclusive approaches to healthcare provider and pt/family relationship. Will demonstrate through lived experiences and role play.
FRIDAY, MAY 15, 2020

SESSION 5 – 10:00 AM–11:30 AM

5A Medical Marijuana: A Clinical and Regulatory Update for Hospice and Palliative Medicine Providers

Stanley J. Savinese, DO, FAAHPM, HMDC, Palliative Care Team, Penn Medicine, Pennsylvania Hospital

We will discuss the pharmacologic properties of cannabis and the research that supports medical use. Review the complex regulatory issues surrounding medical marijuana nationally and in Pennsylvania particularly. We will discuss the current indications for use, caution in recommending use, and processes for managing use.


5B Don’t Wait: Initiating Important Conversations

Ric A. Baxter, MD, FAAHPM, Hospice Medical Director, St. Luke’s Hospice and Jeannie Vogt, RN, MSN, MBA, CHPN, Clinical Director, Lehigh Valley Hospice

Dr. Ric Baxter will follow-up on his recent 1,026 mile bicycle tour of Pennsylvania to stimulate end of life discussions and conversations. Teaming with Jeannie Vogt, RN, MSN, MBS, CHPN, we will explore barriers to initiating difficult and important end of life conversations and explore strategies to break down barriers for physicians and nurses and all members of the interdisciplinary team.

Learning Objectives: Review Pennsylvania state laws regarding advanced care planning. Define barriers to initiating conversations for both physicians and nurses. Explore effective strategies to overcome barriers.

5C Beyond Emotional Support: Taking a More Assertive Approach to Care

Gary Gardia, LCSW, APHSW-C, APHSW Executive Director (Social Work Certification Organization)

When you focus your attention on assisting patients and families to face the ending of a life, what do you actually do? Since we are talking about life and death struggles and often very high levels of distress, is providing emotional support really adequate? Of course the answer is “no”. In this session we will cover specific interventions related to spiritual/emotional distress, anxiety related to approaching death, multiple loss related responses, etc. We will then apply skills/interventions to specific situation examples.

Learning Objectives: Define two key terms/concepts. Discuss three common dynamics and challenges specifically related to “short-stay” patients and families. Apply skills/interventions to situation examples.

5D Truthiness is no Joke: Uncertainty and Moral Distress in Medicine

Emily Browning, M.Div., MSW, Palliative Care Clinical Coordinator/Clinical Social Worker, Temple University Hospital/VNA of Greater Philadelphia

Healthcare workers who find their morals, values and ethics compromised in their work are at risk for experiencing moral distress. This distress may be compounded by uncertainty in communication about medical options and prognosis, particularly when further cure-directed therapies are believed to be non-beneficial or “futile.” Inter-professional efforts to understand and treat moral distress may aid healthcare workers in staying healthy while also providing quality patient care.

Learning Objectives: Identify three risks to patients and families when they experience uncertainty in medical diagnosis and prognosis. Examine the potential impact of moral distress on healthcare workers, teams (including palliative care teams), and health systems. Discuss strategies for recognizing and addressing moral distress on both clinical and systemic levels.
PHPCN Annual Meeting & Conference Registration Form

In order to receive discounted pricing, your Registration Form must be faxed/postmarked by the dates below.

Registration fees include breakfast, breaks, luncheon and materials.

Due to material and administrative costs, two day registrations may not be split between two people.

Please check appropriate category

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☐ PHPCN ORGANIZATION MEMBER

• One day conference registration: $260
  # Participants  x $260

• Two day conference registration: (Early bird-postmarked by 4/24/20) $455
  # Participants  x $455

• Two day conference registration: (Full conference-postmarked between 4/25/20 & 5/1/20) $490
  # Participants  x $490

Please note that Individual PHPCN Members are not eligible for the PHPCN Organizational Member registration discount.

☐ NON PHPCN ORGANIZATION MEMBER

• One day conference registration: (Postmarked by 4/24/20) $325
  # Participants  x $325

• Two day conference registration: (Postmarked by 4/24/20) $650
  # Participants  x $650

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NOTE: ATTENDEE INFORMATION MUST BE COMPLETED ON PAGE 13.

Registrations postmarked after 5/1/20 and on-site registrations: add $50 for each participant.

Payment: ☐ Check payable to Pennsylvania Hospice and Palliative Care Network enclosed

Card Number ______________________________________________________________ Exp. Date __________

Name of Cardholder (Print) _________________________________________________________________________

Authorized Signature ______________________________________________________________________________

Return This Form With Payment To:

PENNSYLVANIA HOSPICE AND PALLIATIVE CARE NETWORK
P.O. Box 343, Hershey, PA 17033
Fax: 717-533-4007 Email: phpcn@pahospice.org
Complete for each attendee and copy form as needed.

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*Please note: Preconference workshop is not included in the conference registration fee.

Complete for each attendee and copy form as needed.

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<th>Registration Type</th>
<th>Special Events</th>
<th>Thursday Workshop Selections</th>
<th>CE Credits</th>
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<td>Precon*</td>
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<td>Seminar 5/13</td>
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*Please note: Preconference workshop is not included in the conference registration fee.

If more than one registration is being submitted, name of person completing this form:

Name______________________________
Phone number_______________________Email______________________________

RETURN THIS FORM WITH PAYMENT TO:
PENNSYLVANIA HOSPICE
AND PALLIATIVE CARE NETWORK
P.O. Box 343, Hershey, PA 17033
Fax: 717-533-4007
Registration Information

How to Register
Register early for best session workshop selection and best rate. Registrations may not be shared. Type or print all information requested since the information you provide will be used for confirmation letters and your badge.

Payment
Payment must accompany registration (no exceptions). Registration fee may be paid by check or money order or by VISA or MasterCard. Mail completed registration and check made payable to: Pennsylvania Hospice and Palliative Care Network P.O. Box 343 Hershey, PA 17033

If paying by credit card, you may fax your registration to PHPCN at 717.533.4007. Our fax line is always open so please keep trying if the line is busy. To avoid duplicate charges, please do not fax and then mail your registration.

Spouse Rate
$100 enables spouses of conference participants to attend the Wednesday evening event, Thursday and Friday lunches and continental breakfasts.

Hotel Reservations
PHPCN has negotiated a $137 per room, per night, single or double occupancy rate at the Sheraton Harrisburg Hershey Hotel in Harrisburg, PA. To ensure this rate, reservations should be made as soon as possible and no later than April 21, 2020. Hotel reservations can be made by calling the Reservations Department at 1.800.325.3535 or going online to the Sheraton’s Stargroups website designated for the PHPCN Annual Meeting and Conference https://www.marriott.com/event-reservations/reservation-link.mi?id=1574435143154&key=GRP&app=resvlink

Directions
Sheraton Harrisburg Hershey Hotel
4650 Lindle Road
Harrisburg, PA 17111
717.564.5511
www.sheraton.com/harrisburg

Ground Transportation
Harrisburg International Airport is the nearest terminal. Shuttle service to the Sheraton Harrisburg Hershey Hotel is available by calling the hotel front desk at 717.564.5511.

Wednesday Opening Reception
Wednesday evening cash bar and Hor d’Oeuvres reception is included in the full conference registration fee. For individuals who wish to attend the reception but are not registered for the full conference, the fee is $30.

Registration Cancellation Policy
All cancellations must be submitted in writing to PHPCN. A $50 processing fee will apply to all cancellations. Cancellations received in writing by PHPCN on or before April 24, 2020, will receive a full refund less the processing fee. No refunds will be made on written cancellations received after April 24, 2020. Substitutions are welcome; please submit your request in writing. All refunds will be processed within 30 days after the conference.

We reserve the right to substitute faculty or to cancel or reschedule sessions due to low enrollment or other unforeseen circumstances. If the conference must be cancelled, registrants will receive full credits or refunds of the paid registration fees. No refunds can be made for lodging, airfare or any other expenses related to attending the conference.

Confirmation
Confirmations will be sent to all participants submitting paid registrations before May 1, 2020.

For Additional Information
Contact the PHPCN Office at 717.533.4002 or email phpcn@pahospice.org
Badges
Please wear your registration name badge at all times – it is your admission ticket to pre-conference and conference sessions.

Professional Credits Information
The Pennsylvania Hospice and Palliative Care Network will issue a Certificate of Attendance for continuing education units (CEU) as follows:

Wednesday, May 13: 3
Thursday, May 14: 5.75
Thursday, May 14 – Film Screening/Discussion: 2
Friday, May 15: 4
Poster Session: 1.5 maximum

Nursing: This activity has been submitted to Pennsylvania State Nurses Association for approval to award contact hours. Pennsylvania State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Wednesday, May 13: 3
Thursday, May 14: 5.75
Thursday, May 14 – Film Screening/Discussion: 2
Friday, May 15: 4
Poster Session: 1.5 maximum

Social Work: This activity has been submitted to the State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors for approval to award continuing education credit hours as follows:

Wednesday, May 13: 3
Social Work: This activity is pending approval from the National Association of Social Workers as follows:
Thursday, May 14: 5.75
Friday, May 15: 4

Physician: Continuing Medical Education (CME)
Physicians may claim AMA PRA Category 2 Credit™ for participation in educational activities not certified for AMA PRA Category 1 Credit™ if the activity meets certain requirements. This credit is self-claimed and self-documented by physicians. Organizations may not advertise an activity as meeting the requirements or being eligible for AMA PRA Category 2 Credit™. AMA PRA Category 2 Credit™ is CME credit for participation in activities that:
• Are not promotional; and
• A physician finds to be a worthwhile learning experience related to his/her practice.

Please refer to page 10 of the AMA PRA booklet for more information.


Attendees must sign-in daily and/or per event and program evaluations must be completed and turned in to the conference registration table to receive your certificate(s). For questions related to continuing education credits, please contact the Pennsylvania Hospice and Palliative Care Network at 717.533.4002.

Special Assistance
If you need additional assistance with accommodations or with participating in conference workshops or events, please check the box on the registration form.

Smoking Policy/Cell Phones
For the comfort and health of all attendees, smoking is not permitted in any of the sessions, including the pre-conference and social functions.

Please remember to turn off cellular phones and pagers during sessions.

Attire
Conference dress is business casual. While the hotel staff does their best to provide a comfortable climate for our conference, sometimes it may be warmer or cooler than you prefer. A sweater or light jacket may be necessary.

Photo Release
A photographer may be present at this event to take pictures that will include participants. These photos may be used by the event organizers for purposes of promotion. Please notify the Pennsylvania Hospice and Palliative Care Network at phpcn@pahospice.org if you do NOT permit your photo to be used for this purpose.

Contact Information
Pennsylvania Hospice and Palliative Care Network
P.O. Box 343
Hershey, PA 17033
Phone: 717.533.4002
Fax: 717.533.4007
Email: phpcn@pahospice.org
Website: www.pahospice.org
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Susan S. Smith, MSN, CHPN
Geisinger Hospice
Executive Director/Coordinator Bereavement Camp

Past President
Jeannie M. Vogt, RN, MSN, MBA, CHPN
Clinical Director
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St. Luke’s Hospital and Health Network

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Lebanon VA Medical Center

Vickie L. Carolla, RN, CHPN
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Amedisys Hospice of PA

Joan K. Harrold, MD, MPH, FACP, FAAHPM
Medical Director of Medical Policy
Capital Blue Cross

Rev. Anne G. Huey, MDiv, MSHS, BCC
Spiritual Services Manager
St. Luke’s Hospice

Karen Leithner, BSN, RN-BC, CCP
Director of Home Health and Hospice
Guardian Home and Community Services

Lisa To, RN, BSN, MBA
Executive Director
Hospice of Warren County

Brooke Worster, MD
Medical Director
Neu Center for Supportive Medicine and Cancer Survivorship
Assistant Professor of Medicine
Thomas Jefferson University Hospital