INTENSIVE SKILL DEVELOPMENT:
A PROFESSIONAL TRAINING FOR PALLIATIVE AND HOSPICE CLINICIANS

September 20, 2019, Lancaster, PA

Provides have asked the Pennsylvania Hospice and Palliative Care Network to deliver top notch clinician education at an affordable cost in various regional locations throughout the state. The PHPCN Board of Directors is pleased to present this clinical training by Dr. Ric Baxter, a nationally known expert in the field of hospice and palliative care to deliver a full day intensive clinical training.

Dr. Ric Baxter is the chair of the Department of Pain Medicine, Palliative Care and Biomedical Ethics at St. Luke’s Hospital and Health Network in Bethlehem, PA and has 17 years of experience as a hospice medical director, as well as eight years as a full time palliative care physician. Dr. Baxter is a member of the PHPCN Board of Directors. He is board certified in Family Medicine with added qualifications in Hospice and Palliative Care. Dr. Baxter received his medical degree from the Medical College of Pennsylvania.

This day has been packaged to deliver five sessions designed to achieve comprehensive intensive skill development for palliative and hospice clinicians.

Beyond the LCD’s: Setting the Stage for Excellent Care – To expand our understanding of hospice eligibility, documentation and ICD-10 coding to meet Medicare Guidelines AND reach all appropriate patients/families.

Acetaminophen to Ziconotide: Understanding and Managing Pain - To enable the learner to assess pain effectively, identify the appropriate use of medications for managing pain, and develop a pain management plan of care.

Interactive Case Studies:
Suffering in Many Forms: Is this a Difficult Patient OR a Challenging Situation? – To enable the learner to define the various symptoms of distress within all organ systems, and to anticipate and prevent the onset of suffering.

Ethics and the Law: They Want Us to do WHAT!?! – To enable the learner to identify core ethical principles and ethical decision making, and to apply ethical principles in complex decision making.

Ask the Teacher: LVAD’s Trilogies, OH MY! – To enable the learner to effectively manage troubling symptoms, new technologies and identify the signs/symptoms of existential suffering.
# INTENSIVE SKILL DEVELOPMENT:
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## AGENDA

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<th>Time</th>
<th>Session</th>
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<td>8:00 am – 8:30 am</td>
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| 8:30 am – 9:30 am | **Beyond the LCD’s: Setting the Stage for Excellent Care**  
Defining the individualized patient/family centered and unique plan of care as the core of hospice care, we set the stage for a day long exploration of the tools, knowledge and skills needed to provide exceptional hospice care focusing on the anticipation, prevention and treatment of suffering.  
Hospices are facing increased regulatory scrutiny, and documentation must accurately reflect care while meeting the Medicare Conditions of Participation. Learn how to document eligibility, relatedness, plan of care, terminal prognosis, explore the role of the IDG, Certification of Terminal Illness (CTI), Local Coverage Determinations (LCD). Examples and case studies will be included. What every hospice and palliative care provider should know. |
| 9:30 am – 9:45 am | BREAK                                       |
| 9:45 am – 12:15 pm | **Acetaminophen to Ziconotide: Understanding and Managing Pain**  
Pain is a major source of suffering at the end of life creating distress for patients and families. Studies continue to show that pain is under-treated, even at the end of life. Participants will learn to assess and treat pain with skill and confidence. They will understand pharmacologic options, particularly opiates, and how to effectively calculate dosages and routes of administration. We will explore some off-label medication uses as well as complementary/alternative options. |
| 12:15 pm – 1:00 pm | LUNCH (Included)                            |

The afternoon sessions will cover case studies through interactive group discussion addressing non-pain symptom management, ethics, legal issues and managing severe non-physical suffering. Presentation of case studies from the audience are encouraged.
1:00 pm – 2:00 pm  Suffering in Many Forms: Is this a Difficult Patient OR a Challenging Situation?

Session 3

Patients are at risk to experience a wide array of troubling and frightening symptoms within the days to months before death. Patients, families, and community colleagues depend upon hospice professionals to identify, assess, and manage these symptoms. In this session we will take an interactive, IDG approach to 2 cases to fully explore all of their care needs as well as challenges to the team.

Learning Objectives:
• Define the various symptoms of distress within all organ systems
• Be able to anticipate and prevent the onset of suffering

2:00 pm – 2:15 pm  BREAK

2:15 pm- 3:15 pm  Ethics and the Law: They want us to do WHAT!?!?

Session 4

Do you know how to recognize and approach ethical problems? How do you identify and characterize difficult situations, define the issues, and better help patients and families? Get the facts, learn the words, and talk about cases that will help you through the ethical challenges we face every day. Case studies and discussions will include: biomedical ethics principles, Pennsylvania Act 169, communication, and diversion issues.

Learning Objectives:
• The learner will identify core ethical principles and ethical decision making
• The learner will be able to apply ethical principles in complex decision making

3:15 pm- 4:45 pm  Ask the Teacher: LVAD's, Trilogies OH MY!?!?

Session 5

This session will be fully interactive, inviting attendees to provide their own challenging situations which the group will explore and use an IDG approach to developing plans of care. We will especially focus on issues of trauma with existential suffering and on the challenges of new technologies and how individual programs will respond.

Learning Objectives:
• Effectively managing troubling symptoms
• Identify the signs/symptoms of delirium
• Identify existential suffering

4:45 pm- 5:15 pm  EVALUATIONS
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Friday, September 20, 2019
Hospice & Community Care.
685 Good Drive Lancaster,
PA 17604 717-295-3900

How to Register
The deadline for registration is two weeks prior to the clinical conference. Registration fee may be paid by check, money order or by VISA or MasterCard. Mail completed registration and check made payable to Pennsylvania Hospice and Palliative Care Network, P.O. Box 343, Hershey, PA 17033. If paying by credit card, you may fax your registration to PHPCN at 717.533.4007. Registration fee includes breakfast, breaks, lunch.

Professional Credits Information
This continuing nursing education activity was approved by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved to award 7.25 Contact Hours. For more information on contact hours, please call the Pennsylvania Hospice and Palliative Care Network at 717.533.4002 or phpcn@pahospice.org

Registration Cancellation Policy
All cancellations must be submitted in writing to the Pennsylvania Hospice and Palliative Care Network. A $20 processing fee will apply to all cancellations. Cancellations received in writing one week prior to the event will receive a full refund less the processing fee. No refunds will be made for cancellations made less than one week prior to the event. Substitutions are welcome; please submit your request in writing. All refunds will be processed within 30 days after the conference.

For Additional Information
Contact the PHPCN Office at 717.533.4002 or email phpcn@pahospice.org Successful completion of this conference requires attendance of the entire event. Attendance will be verified by the sign-in sheet and return of the evaluation form.
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**REGISTRATION FORM**

**PHPCN Organizational Member:** $195 per person  
**PHPCN Organization Member:** (Two or More from Same Agency Registering at Same Time): $175 per person  
**Non PHPCN Organizational Member:** $325 per person  

Registration fee includes continental breakfast, breaks, lunch, and Nurse CE credits.

**Participant Name(s) and Credentials**

| 1. | ______________________________________________________________________________   |
|    | Email____________________________________________________________________________    |
|    | Nurse CE Yes    No | Dietary Preference Request__________________________________________________________ |

| 2. | ______________________________________________________________________________   |
|    | Email____________________________________________________________________________    |
|    | Nurse CE Yes    No | Dietary Preference Request__________________________________________________________ |

| 3. | ______________________________________________________________________________   |
|    | Email____________________________________________________________________________    |
|    | Nurse CE Yes    No | Dietary Preference Request__________________________________________________________ |

**Organization____________________________________________________________________**  
**Address________________________________________________________________________**  
**Phone____________________________________________________________________________**

If more than one registration is being submitted, name, phone & email of person completing this form:  
**Name______________________________ Phone______________ Email_____________________

**TOTAL AMOUNT ENCLOSED:**  
_____ Registrations x $195 each = $______  
_____ Registrations x $175 each = $______  
_____ Registrations x $325 each = $______

**Method of payment:** Please circle one:  
- MasterCard  - VISA  - Check  
**Name on Card________________________________________________________________________**  
**Signature_________________________________________________________ Expiration Date______________________**

Send registration form and payment to:  
Pennsylvania Hospice and Palliative Care Network/475 W. Governor Road, Ste. 7/Hershey, PA 17033/Fax: 717-533-4007  
Registration Deadline: September 6, 2019